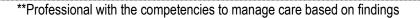
Canadian Oral Health Screening Tool for Seniors Intervention Guide

Lips

1 = Mild to moderate abnormal condition	2 = Severe abnormal condition
Red and swollen: • Monitor the condition until it resolves (1 week). If the condition has not resolved, direct the screened individual to an authorized oral health professional** or physician for management of the condition	 Ulcer with and without bleeding: Ensure that daily oral hygiene is maintained, avoiding the ulcerated area Immediately direct the screened individual to an authorized oral health professional** or physician for management of the condition Monitor the condition for two weeks in accordance with the recommendations of the authorized oral health professional** or treating physician Redirect the screened individual to the authorized oral health professional** or treating physician if clinical signs persist or worsen
 Dryness: Lubricate the lips with a water-based lip balm Monitor the condition until it resolves (1 week). If the condition has not resolved, direct the screened individual to an authorized oral health professional** or physician for management of the condition 	













Mucosa of the cheeks and lips

2 = Severe abnormal condition 1 = Mild to moderate abnormal condition Generalized redness or whitish patch(es): Localized redness or whitish patch(es) • Ensure that daily oral hygiene is maintained • Ensure that daily oral hygiene is maintained • Immediately direct the screened individual to an authorized oral health professional** • Monitor the condition until it resolves (1 to 3 days). If the condition has not resolved, or physician for management of the condition direct the screened individual to an authorized oral health professional** or physician • Monitor the condition for two weeks, in accordance with the recommendations of the for management of the condition authorized oral health professional** or physician • Redirect the screened individual to the authorized oral health professional** or treating physician if clinical signs persist or worsen Single ulcer of less than 0.5 cm: Single ulcer larger than 0.5 cm or multiple ulcers: • Ensure that daily oral hygiene is maintained, avoiding the ulcerated area • Ensure that daily oral hygiene is maintained, avoiding the ulcerated area • Direct the screened individual to an authorized oral health professional** or physician • Monitor the condition for two weeks and take pain control measures as needed in for management of the condition accordance with the recommendations of the authorized oral health professional** or • Monitor the condition for two weeks and take pain control measures as needed in treating physician accordance with the recommendations of the authorized oral health professional** or • Redirect the screened individual to the authorized oral health professional** or









**Professional with the competencies to manage care based on findings











treating physician

Gums and palate

1 = Mild to moderate abnormal condition

Localized redness or swelling of the gums, palate, or beneath the denture (partial or full):

- Improve dental and denture (partial or full) hygiene measures, even in the presence of gum bleeding
- Monitor the condition daily until it resolves (1 to 3 days). If the condition does not
 resolve, direct the screened individual to an authorized oral health professional** or
 physician for management of the condition

2 = Severe abnormal condition

Generalized redness or swelling of the gums or palate, or beneath the dental protheses spontaneous bleeding:

- Improve dental and denture (partial or full) hygiene measures, even in the presence of gum bleeding
- Immediately direct the screened individual to an authorized oral health professional** or physician for management of the condition
- Monitor the condition in accordance with the recommendations of the authorized oral health professional** or treating physician
- Redirect the screened individual to the authorized oral health professional** or treating physician if clinical signs persist or worsen

Ulcer(s):

- Ensure that daily oral hygiene is maintained, avoiding the ulcerated area
- Immediately direct the screened individual to an authorized oral health professional**
 or physician for management of the condition
- Monitor the condition for two weeks and take pain control measures in accordance with the recommendations of the authorized oral health professional** or treating physician
- Redirect the screened individual to the authorized oral health professional** or treating physician if clinical signs persist or worsen



















^{**}Professional with the competencies to manage care based on findings

Tongue

1 = Mild to moderate abnormal condition

Circumscribed change in colour, smooth appearance, localized loss of texture uniformity, localized whitish patches:

- Ensure that daily oral hygiene is maintained
- Monitor the condition until it resolves (1 to 3 days). If the condition has not resolved, direct the screened individual to an authorized oral health professional** or physician for management of the condition

2 = Severe abnormal condition

Generalized change in colour and appearance, generalized loss of texture uniformity, generalized whitish patches:

- Ensure that daily oral hygiene is maintained
- Immediately direct the screened individual to an authorized oral health professional** or physician for management of the condition
- Monitor the condition for two weeks in accordance with the recommendations of the authorized oral health professional** or treating physician
- Redirect the screened individual to the authorized oral health professional** or treating physician if the clinical signs persist or worsen

Ulcer(s):

- Ensure that daily oral hygiene is maintained, avoiding the ulcerated area
- Immediately direct the screened individual to an authorized oral health professional** or physician for management of the condition
- Monitor the condition for two weeks and take pain control measures in accordance with the recommendations of the authorized oral health professional** or treating physician
- Redirect the screened individual to the authorized oral health professional** or treating physician if the clinical signs persist or worsen



















^{**}Professional with the competencies to manage care based on findings

Saliva

1 = Mild to moderate abnormal condition

2 = Severe abnormal condition

Thin layer of saliva coating the mucosa, tongue and teeth. Tissues appear shiny and moist:

- Ensure that daily oral hygiene is maintained
- Monitor the condition until it resolves (1 to 3 days). If the condition has not resolved, direct the screened individual to an authorized oral health professional** or physician for management of the condition

Apparent lack of saliva or minimal quantity of saliva coating the mucosa, tongue and teeth. Tissues appear dull and dry:

- Ensure that daily oral hygiene is maintained
- Immediately direct the screened individual to an authorized oral health professional** or physician for management of the condition
- Monitor the condition and ensure that tissue hydration measures are taken in accordance with the recommendations of the authorized oral health professional** or physician, i.e., drinking water in small quantities or moistening tissues with artificial saliva
- Redirect the screened individual to the authorized oral health professional** or treating physician if the clinical signs persist or worsen















^{**}Professional with the competencies to manage care based on findings

Teeth

1 = Mild to moderate abnormal condition

Deep appearing cavity with loss of tooth structure, tooth with major fracture or bare root, sharp tooth edge. Tooth mobility with risk of tooth detachment:

2 = Severe abnormal condition

Superficial appearing cavity, tooth with minor fracture. Tooth mobility with no risk of tooth detachment:

- Ensure that daily oral hygiene is maintained
- Ensure that daily oral hygiene is maintained • Direct the screened individual to an authorized oral health professional** for management of the condition
- Immediately direct the screened individual to an authorized oral health professional** for management of the condition
- Monitor the condition and be alert for signs of pain* that may indicate the worsening of the condition until management is taken over by the authorized oral health professional**
- Monitor the condition and be alert for signs of pain* that may indicate worsening of the condition until management is taken over by the authorized oral health professional**























^{*}Refer to the Pain section.

^{**}Professional with the competencies to manage care based on findings

Dental prosthesis

2 = Severe abnormal condition 1 = Mild to moderate abnormal condition Minor break: one artificial tooth broken, worn or missing; alteration of portion of the Major break: several artificial teeth broken, worn or missing; alteration of portion of the structure having little to no impact on the denture's (partial or full) function. Adequate structure, affecting the denture's (partial or full). Inadequate stability and retention. stability and retention. Denture's (partial or full) not identified: Denture's (partial or full) not identified: • Direct the screened individual to an authorized oral health professional** for • Immediately direct the screened individual to an authorized oral health professional** management of the condition or denturist* for management of the condition











^{**}Professional with the competencies to manage care based on findings

Implants

1 = Mild to moderate abnormal condition 2 = Severe abnormal condition Localized presence of biofilm, tartar and food debris on the implant; gum redness around Generalized presence of biofilm, tartar and food debris on the implant; gum redness the implant: and swelling around the implant: • Ensure that daily oral hygiene is maintained • Ensure that daily oral hygiene is maintained • Direct the screened individual to an authorized oral health professional** for • Immediately direct the screened individual to an authorized oral health professional** management of the condition for management of the condition





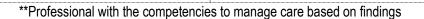




^{**}Professional with the competencies to manage care based on findings

Hygiene of teeth and dental prosthesis

1 = Mild to moderate abnormal condition 2 = Severe abnormal condition Localized presence of dental plaque, tartar and food debris: Generalized presence of dental plaque, tartar and food debris. Foul mouth odour: • Increase tooth and dental protheses hygiene measures, even in the presence of gum bleeding • Increase tooth and dental protheses hygiene measures, even in the presence of gum • Monitor the condition daily until it resolves (one week). If the condition has not bleeding resolved, direct the screened individual to an authorized oral health professional for • Immediately direct the screened individual to an authorized oral health professional management of the condition for management of the condition • Monitor the condition in accordance with the recommendations of the authorized oral health professional • Redirect the screened individual to the treating authorized oral health professional if the clinical signs persist or worsen













Pain

1 = Mild to moderate abnormal condition	2 = Severe abnormal condition
Occasional signs of mild to moderate pain: cries, aggressiveness, groaning, painful touch to the area, and mouthing: • Direct the screened individual to a physician or authorized oral health professional** for management of the condition • Monitor the pain and take pain reduction measures as needed in accordance with the recommendations of the treating physician or authorized oral health professional**	Frequent signs of severe intensity: cries, aggressiveness, groaning, painful touch to the area, and mouthing: • Immediately direct the screened individual to a physician or authorized oral health professional** for management of the condition • Monitor the pain and take pain reduction measures as needed in accordance with the recommendations of the treating physician or authorized oral health professional**

The pain must be related to an abnormal condition of the oral structures.











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